

# Lunch Menu

12:30pm - 3pm

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## To Begin

### Confit Chicken Wings €9.95

with your choice of Franks Hot Sauce or  
Sticky Smoked Barbecue Sauce and Blue Cheese Dip  
(Allergens: 7, 9, 10, 11, 12)

### Dunmore East Seafood Chowder €9.95

Locally Sourced Seafood in a Creamy  
White Wine Velouté  
(Allergens: 1, 2, 4, 7, 9, 12)

### Homemade Soup of the Day €6.50

Served with Fresh Baked Breads  
(Allergens: 1, 7, 9, 12)

### Roasted Vegetable and Goat's Cheese

#### Bruschetta €9.95

Fresh Herb & Basil Oil Roasted Vegetables  
(Allergens: 1, 7)

## Sandwiches & Wraps

### Spiced Beef & Cheddar Burrito €9.95

Spiced Minced Beef, Red Onion, Cheddar  
and Baby Gem Lettuce  
(Allergens: 1, 3, 6, 7, 9)

### Spiced Chicken Wrap €9.95

Roasted Red Peppers, Red Onion & Rocket Leaves  
(Allergens: 1, 3, 6, 7, 9)

### Sandwich Selection €6.75

Freshly Made to Order on White, Brown or Gluten  
Free Bread. Please Choose from:  
Ham, Cheese, Chicken, Stuffing, Seasonal Salad,  
served with Salad and Crisps  
(Allergens : Please ask your Server)

### Toasted Special €7.75

The Classic with Ham, Cheese, Tomato and Onion,  
Served with Salad and Crisps  
(Allergens: 1, 7, 12)

## Lunch Mains

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### **Thai Red Vegetable Curry €14.50**

*A Mild Thai Red Curry with Roasted Vegetables.*

*Served with Rice and Garlic & Coriander Naan Bread*

**Add Chicken - €3.00 supplement**

*(Allergens: 2, 3, 6, 9)*

### **Pier 37 Bacon & Cheese Beef Burger €15.50**

*Served on a Brioche Bun, with Side Salad and Fries*

*(Allergens: 1, 3, 5, 7, 10, 12)*

### **Fish of The Day €15.50**

*Please Ask Your Server For Details*

*(Allergens 1, 2, 4, 7, 9, 12)*

### **Chef's Roast of the Day €15.50**

*Please Ask Your Server For Details*

*(Allergens: 1, 3, 7, 9, 10, 12)*

*€1.50 Supplement Applies For Roast Beef*

*Subject to Availability*

### **Fisherman's Feast €16.95**

*Fresh Fish of the day in a Light Crispy Beer Batter,*

*Served with Homemade Tartare Sauce,*

*Mint Scented Peas and Fries*

*(Allergens: 1, 3, 7, 9, 10, 12)*

### **Pier 37 Superfood Salad €15.00**

*Garlic Croutons, Quinoa, Pickled Vegetables,*

*Guacamole, Pineapple and Apple,*

*with Chilli, Tarragon and Lemon Vinaigrette*

**Add Chicken - €3 supplement**

*(Allergens: 1, 6, 12)*

## Side Orders

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**€4.95 per serving:**

*Chips, Creamy Mash, Onion Rings,*

*Seasonal Vegetables, Side Salad, Garlic Bread*

#### **MENU ALLERGENS:**

**1.**Cereal containing gluten ( i.e wheat, rye, barley, oats, spelt, kamut), **2.** Crustaceans, **3.** Eggs, **4.** Fish, **5.** Peanuts, **6.** Soybeans, **7.** Milk, **8.** Nuts, **9.** Celery, **10.** Mustard, **11.** Sesame Seeds, **12.** Sulphur Dioxide (sometimes known as sulphites), **13.** Lupin, **14.** Molluscs

All our Beef is of Irish origin.

## Vegan Corner

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### **Vegan Bruschetta €8.95**

*Roasted Vegetables, Herb Oil & Vegan Mozzarella  
Cheese on Toasted Gluten Free Seeded Bread  
(Allergens: 6)*

### **Vegan Pier 37 Superfood Salad €8.95**

*Quinoa, Pickled Vegetables, Guacamole,  
Pineapple and Apple,  
with Chilli, Tarragon and Lemon Vinaigrette  
(Allergens: 6)*

### **Roasted Vegetable & Chickpea Curry €15.00**

*Coconut & Tomato Based Sauce with Spices & Rocket,  
Turmeric Rice & Mango Chutney  
(Allergens: 6)*

### **Vegan Stirfry €15.00**

*Japanese Style Udon Noodles with Roasted Vegetables,  
Smoked BBQ, Sesame & Sweet Chili Sauce  
(Allergens: 1, 6)*

### **Chocolate and Coconut Tart €8.30**

*With Raspberry Sorbet  
(Allergens: 8)*

### **Raspberry Frangipane Tart €8.30**

*With Vegan Vanilla Ice Cream  
(Allergens: 8)*

## **Side Orders**

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**€4.95 per serving:**

*Chips, Seasonal Vegetables, Side Salad,  
Pickled Vegetables*

#### **MENU ALLERGENS:**

1. Cereal containing gluten ( i.e wheat, rye, barley, oats, spelt, kamut), 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybeans, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide (sometimes known as sulphites), 13. Lupin, 14. Molluscs