

## Tanning Guidelines

Thoroughly exfoliate your body the night before. Pay special attention to feet, ankles, knees, and elbows. Hair removal must be done prior to tanning. Wax 24 hours before do not moisturise your body, or apply deodorant, wear makeup or perfume to your tanning session. You may lightly moisturise your face, elbows, knees and feet if you find you are quite dry in those areas. Wear whatever you feel most comfortable in. Most women wear a g-string, full brief or go nude. For guys, boy shorts or jocks. Wear loose, dark clothing after tanning. No tight clothing closed in shoes or boots. Jewellery will have to be removed and a bra cannot be put back on. These items rub on the tan and the outcome is an uneven result.

**For Bookings Contact Hotel Reception on 051 862300.  
Don't delay Book Now to avoid disappointment.**

Patch test required for Tinting, Tanning and Waxing  
A CONSULTATION FORM MUST BE COMPLETED BEFORE  
TREATMENTS

### Cancellation Policy:

All Treatments must be cancelled 24 hours prior to  
appointment

### Opening Times

10-6 Sunday to Wednesday and Saturday  
10-8 Thursday, Friday  
Open bank holidays



The Mall, Waterford, Ireland  
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E. [reception@thw.ie](mailto:reception@thw.ie)  
[www.towerhotelwaterford.com](http://www.towerhotelwaterford.com)

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## TREATMENT ROOMS



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An **FBD** Hotel

