



SPRING AT THE POOL

Aqua Aerobics

Monday 7pm
Tuesday to Thursday 11am
€2 members
€5 non-members

Swimming Lessons

Beginners 1
Saturdays 10am
Beginners 2
Saturdays 10.30am
Improvers 1
Friday 4.30pm
Improvers 2
Friday 5pm
10 weeks
€70 members
€100 non-members

Adult and Child

Fridays 10am
6 weeks
€50 members
€60 non-members

Swim Club

Fridays 5.30pm
10 weeks
€70 members
€100 non-members

**Personalised
gym programmes
available**

3 Month Membership
Only €160.00

Contact us on

Tel: 051 862478 Email: leisure@thw.ie
www.TowerHotelWaterford.com